

**TANJA MITTON PRESENTS**  
**THE EQUESTRIAN SUCCESS & MINDSET**  
**TWO DAY RIDDEN & THEORY CLINIC**



**See How Easily You Can Improve your  
Riding when You Learn the  
Mindset of Equestrian Champions**

*Do you get disillusioned, wondering where to go from here?*

*Do you struggle to set goals and achieve them?*

*Do you know what you want to achieve in your riding but find it hard to get there?*

*If you answered YES to any of the above questions, then an  
EQUESTRIAN SUCCESS MINDSET CLINIC*

*is right for you.*

*The EQUESTRIAN SUCCESS MINDSET CLINICS teach you how to set goals and achieve ultimate success. The key to goal setting is to make it easy and fun so you are motivated to continue the process at home.*

**MINDSET CHANGE + INSTANT ACTION = MAGIC RESULTS**

## What can you expect?

### **UNDERSTANDING**

A clear understanding on how mind and body work together.

How your horse responds to your emotions

How you can control your body and your horses actions.

### **BREATHING**

How to control your breathing and the effects it has on you and your horse.

### **GOAL SETTING**

Make goals more achievable

Developing clear goals

### **IMPROVE YOUR RIDING**

Improved riding due to better understanding of the riders seat and balance

Creating harmony between horse and rider

## Clinic Details

**You get 2 FULL days of intensive growth and Mindset training.**

- 4 ridden sessions
- Introduction to the Mindset
- Success Strategies
- Techniques and Steps to change bad

## Your Investment

- \$330 ( theory and ridden)
- \$175 (theory plus fence sitting)

## My Personal Guarantee

I guarantee that if you do this seminar and practice the simple easy techniques for just 10 minutes a day for 1 month you will feel **noticeably and measurably** more confident, empowered and in control as a rider – or your money back. **Remember:** Places are limited to 8 people and this will sell out quickly so act quickly to secure your place.

### BOOKINGS

[tanja@tanjamitt.com](mailto:tanja@tanjamitt.com)

p: 07 5446 7339 m: 0419 891 319

[www.tanjamitton.com](http://www.tanjamitton.com)